



## ‘Save the Source’ Water Audit

Provided by the Chicago Conservation Corps (C3)

Use this worksheet to keep track of the number of times you use water and in which way for a full day by filling out the “**number of times**” column. Then, at the end of the day, multiply the number of times by the “**average amount of water for the activity.**” Write the answer in the “**total water used**” column, then add that column up to get an estimate of how much water you use in a day. Please note that this is not comprehensive or the only way; feel free to modify this worksheet to fit your needs. Have fun, be creative and get your family or roommates involved in monitoring.

See <http://www.h2ouse.org> for useful information about typical water consumption figures and the best ways to conserve water.

Activity	# of Times (✓)						Average Amount of Water for this Activity (liters)	Total Water Used (liters)
Washing face or hands (water running)							7.5	
Washing face or hands (water off)							4	
Flushing toilet (standard flow toilet)							20	
Flushing toilet (low-flow toilet)							5.5	
Taking a shower (standard head)	# of minutes:						7.5/minute	
Taking a shower (low-flow)	# of minutes:						4/minute	
Taking a bath							150	
Shaving (water running)							7.5	
Shaving (water turned off)							4	
Brushing teeth (with water running)							7.5	
Brushing teeth (with water turned off)							1	
Getting a drink (from a fountain)							1	
Getting a drink (in a glass)							0.25	
Cooking a meal							10	
Washing dishes by hand (water running)							110	
Washing dishes by hand (water off)							40	
Washing dishes (with a dishwasher)							55	
Doing a load of laundry							110	
Other:							Estimate:	
<b>TOTAL:</b>								

### Wrap-up

- How many gallons of water did you use on this day? How many gallons would you estimate you use in a week? In a year?
- Are any toilets or faucets leaking? (Do a dye test of your toilet if you're not sure.)
- How can you start conserving water today? Long-term?