# ‘What’s in the Trash?’ Waste Audit

Provided by the Chicago Conservation Corps (C3)

Choose several days this week (one day, three days, or all seven days!) to inventory your waste. Write down how much of each material you find (i.e. X sheets of paper, plastic bottles, tin cans, pounds or cups of food) and how you disposed of it (threw away, recycled, composted, donated, etc.). Finally, brainstorm better ways to dispose of the material – or, better yet, to avoid disposing it at all. We challenge you to reduce, reuse, recycle, re-think, and redesign!

| Material | Quantity | Disposal method | Better alternative |
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